

## **Iroquois Prayer of Thanks**

We return thanks to our mother, the earth, which sustains us.

We return thanks to the rivers and streams, which supply us with waters.

We return thanks to all herbs, which furnish medicine for the cure of our diseases.

We return thanks to the corn, and to her sisters, the beans and the squashes, which give us life.

We return thanks to the wind, which moving the air has banished diseases.

We return thanks to the moon and the stars,  
which have given us their light when the sun was gone.

We return thanks to the sun, that he has looked upon the earth with a beneficent eye.

Lastly, we return thanks to the Great Spirit, in whom is embodied all goodness, and who directs all things for the good of his children.